



ASHTANGA YOGA PARIS

Teacher Training Application



Your photo

Date :

First and Last Names

Curent Address

Country of origin

Phone

E-mail

Curent Job

Age

Training to which you register in 2026

Module 1 Paris ☐

Module 1 Golfe Juan ☐

Module 2 en 2027 ☐

Online ☐

Module 2 Paris ☐

Module 2 Golfe Juan ☐

Please tell us if you prefer the manual
in French or English ?

French ☐

English ☐

How did you learn about the Ashtanga Yoga Paris Teacher Training program?

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Will you be doing the 7 practices and 7 assists at AYP? Or at the partner studio, if the intensive is not in Paris? Or with a teacher in your home town? Or a special project that we'll explain during the intensive if you have no teacher in your town.

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Personal information

- **How would you evaluate your current health**

Excellent

☐

Good

☐

Fair

☐

Some challenges

☐

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- **Do you have any disabilities ?**

Yes

☐

No

☐

- **How long have you been practicing yoga? How many days a week? And which style? Have you practiced Ashtanga for at least 250 hours ?**

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- **At which yoga studios do you currently practice?**

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- **Do you have a home practice?**

Yes

☐

No

☐

- **Who have been your primary teachers? Past and present**

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- **Tell us about your pranayama experience (have you learned any techniques, do you practice regularly, what do you practice, who did you learn with, etc.)**

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- **Tell us about your meditation experience**

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- **What area of yoga challenges you the most?**

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- **Is this your first teacher training? If not, please list prior trainings.**

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- **Are you currently teaching yoga? If yes, for how many years and where do you teach?**

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- **Do you plan to teach after this training?**

Yes

☐

No, its for my personal growth only

☐

- **Why have you chosen the Ashtanga Yoga Paris teacher training?**

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- **What do you expect to learn from this training in regards to the yoga? And how do you think you will grow from this training?**

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Payment informations

Please mail the registration form or scan and email with copy of BT confirmation. If you want to mail it: Ashtanga Yoga Paris | 40 Avenue de la République | 75011 | Paris, France

If you want to e-mail: info@ashtangayogaparis.fr || AYP's number: +33 (0) 1 45 80 19 96

- **I am registering at the appropriate time to be eligible for the:**

☐

Extra Early Bird price of euros

☐

Prix Early Bird price of euros

☐

Normal price of euros

SEE THE TRAINING BROCHURE FOR DEADLINES FOR THE EXTRA EARLY BIRD AND EARLY BIRD PRICES. WE MUST RECEIVE YOUR FORM BY THOSE DATES TO QUALIFY FOR THE DISCOUNTS.

- **I am enclosing the following in checks (make the order to ASHTANGA YOGA PARIS):**

☐

The full amount of euros

☐

The deposit of 1000 euros

☐

Post-dates checks

Dates and amount

- **My participation in this teacher training will be funded by an organisation (e.g.: AFDAS, Pôle Emploi...):**

☐

The fee of 2,950€ will be paid by :

Payments and refund policy.

All deposits of 1,000 euros are to be received when registering for the training, along with postdated checks for the remaining amount (split evenly before the start of the training but no later than one month before the intensive begins). The deposit is non-refundable once the course material has been emailed - there will be no refund of deposits. You may have the amounts of the post-dated checks returned up until one month before the training. However, after one month before the intensive, all checks will be cashed whether the trainee completes the course or not. We can hold a space for you to take the training the following year. An amount of 250 euros is required for all extension of the deadline of the training up to 10 months maximum (see brochure).

**JI have read and accept the above terms,
please sign and date.**